Newsletter 2 Autumn 2022

223 Patients Randomised

Centres Open 38

Thank You!

Thanks to the huge efforts of everyone involved, we are now open and recruiting at 38 centres across the UK & in the last 4 months we have opened 11 new sites.

Recruitment Update

Huge congratulations to Victoria Hospital Fife, who recruited our 100th participant and Addenbrookes, Cambridge who recruited our 200th participant.

We will be sending prizes for reaching various recruitment milestones, so keep an eye out for these coming your way!

Well done to our top recruiters so far:

Royal Stoke University Hospital	20
Aintree Hospital	16
Belfast City Hospital; RVH	16
Bristol Royal Infirmary	13
Freeman; RVI	13
King's College Hospital	10
Southmead Hospital	9

Investigator Meetings

We welcome all site staff to join us for our monthly investigator meetings via MS Teams - find out how the trial is progressing, meet and learn from colleagues at different hospitals, and share challenges.

Upcoming dates:

- 9th November 2022 @ 15:30
- 10th December 2022 @ 10:00

Eligibility and Exclusion Criteria

REMEMBER

Patients with pre-existing respiratory conditions can be included as long as they do not receive any routine mucoactives.

If a patient has already been prescribed a mucoactive, please check for how long – if it's less than 24 hours they are still eligible.

Please review local practices at your site to avoid the routine prescription of mucoactives – we are keen to ensure every potentially eligible patient is given the opportunity to participate in this research study, and completing the trial will provide robust evidence as to whether they are effective to use or not.

MARCH Mechanistic Sub-Study

We are now collecting sputum samples as part of the EME-funded MARCH Mechanistic Sub-Study.

We encourage you to join a lunchtime webinar at **2-3pm** Thursday 10th November with **Professor Cliff Taggart** to learn more about this component of the main trial - please contact us if you haven't received meeting invite.

NIHR API Scheme

We have >30 enthusiastic APIs from a variety of backgrounds, for more info check out: https://www.nihr.ac.uk/ health-and-care-professionals/careerdevelopment/associate-principalinvestigator-scheme.htm

Meet the MARCH Team...

A message from the MARCH study Trial Manager, Naomi Dickson:

"The team at the NICTU are delighted with the progress MARCH has made, from opening in challenging



circumstances to making it though the internal pilot with NIHR approval to continue. We can't thank you enough for your efforts to progress setup in the background of local pressures and staff shortages, and hope the trial goes from strength to strength as more sites join the MARCH family"

Hints and Tips

To alert others to the trial we suggest you use stickers or posters near mucoactive stock.



Engage With Us

We're keen to engage with as many of you as possible. Please follow us on Twitter for updates on study progress and reminders for upcoming MARCH study events, such as Investigator Meetings and SIV Training.

Please also check out our study website for further information on the study, and copies of key documentation:

https://nictu.hscni.net/march-trial/



